

ALL IN THE DETAIL

FROM HATS AND HEADBANDS TO TUCKS AND PARTINGS, ALICE MANNING HELPS YOU NAVIGATE THE NEW WAYS TO STYLE YOUR HAIR

There's always a place in our hearts at *Red* for easy, undone hair, but this autumn, there's myriad more ways to experiment that are more about styling than cuts or colour. In fact, the subtlest of tweaks will bring any hairstyle bang up to date, whether it's the shift of a ponytail or the addition of a headband. How refreshing to change your look without spending hours in a salon. This is what you need to know...

THE LOW PONYTAIL

However you style your ponytail (this season's many permutations include straight and sleek, chain-adorned, and gently wavy, neatly tied with a velvet ribbon), the way to wear it now is low on the nape of the neck. The same goes for plaits, whether a three-strand braid or Prada-style pigtailed. A polished finish is needed, too, which takes a little effort. 'Start by prepping hair with a nourishing mask to get moisture through to the ends,' says Zoë Irwin, creative director of John Frieda Salons. Keep frizz in check by using a smoothing lotion before blow-drying. Once dry, Irwin recommends sectioning hair and applying small amounts of a conditioning balm throughout to ensure the smoothest texture. 'Brush your hair back, dipping your chin to your chest to secure it as low as possible,' says Irwin, 'Run a straightening iron over the ends for a high-shine finish.'



OSCAR DE LA RENTA AW 19



TORY BURCH AW 19



THE TOOLKIT

- BaByliss Cordless 9000 Straightener, £250.
- Invisibobble in Crystal Clear, £4.99 for 3.
- Toni & Guy Damage Repair Mask, £7.19.
- Monat Studio One Frizz-Fix Smoothing Hair Primer, £32.
- Popband Multi Pack Hair Ties in Meadow, £8 for pack of 5





HAT, £295, Lock & Co.
DRESS, £315, See by
Chloé at Fenwick



YVES SAINT LAURENT AW 19

THE MODERN HAT

'Hats come in many shapes and sizes this season, but the standout style is definitely the trilby,' says *Red* fashion director Oonagh Brennan. Not only stylish, hats are pleasingly practical, as they weatherproof your hair (which is best kept loose and simple under a hat or worn in a low ponytail), protecting it from the elements. The only downside is the inevitable and unavoidable hat hair. Carry a texturising spray with you and do as hair stylist Luke Hersheson recommends when you take your hat off: 'Flip your hair over and spray, holding the can as far away from your hair as possible for a really light misting.' If your hair is very fine, create more volume than you would usually wear by tonging small sections before going out. It will drop naturally, but still look fuller when you arrive at your destination.



THE TOOLKIT
Aussie Dry Shampoo
Wash + Blow In A Can,
£4.69. L'Oréal Paris
Elnett Extra Strength
Hairspray, £6.70.
Evo Whip It Good
Moisture Mousse, £21.
We Are Paradoxx
Supernova 3-in-1
Cordless Hair Tool, £150



COAT, £1,849.99, IRO



DRIES VAN NOTEN AW 19

THE TOOLKIT
Ouai Anti-Frizz Hair Sheets, £20. Philip Kingsley Weatherproof Hairspray, £15. e.l.f. Cosmetics Frizz Taming Hair Shine Sheets, from £3.50

THE CASUAL TUCK

Tucking lengths and ends into your coat or inside your knit not only prevents snagging and breakage that can be caused by the strap of your handbag, but also looks effortlessly cool. ‘Simply tuck your hair in and the rest will happen naturally,’ advises Hershenson. ‘As you walk, your hair will move around and become looser and more languid.’ This low-maintenance look requires no additional product, which makes it a go-to in our book when you’re in a rush or your hair just won’t behave. On a practical note, some fabrics, such as wool and silk, can cause hair-raising static. Ouai and e.l.f. Cosmetics both do smart style-saving sheets in handbag-friendly sachets to smooth down static in seconds.



JOHNNY LOVES ROSIE LEAF & FLOWER CROWN, £36

JOHNNY LOVES ROSIE EMBELLISHED HEADBAND, £26

TOPSHOP EMBELLISHED ALICE BAND, £18.50

SHRIMPS ANTONIA APRICOT HEADBAND, £150

THE EMBELLISHED HEADBAND

Summer's ubiquitous hair accessory continues to be a story for winter. Headbands work on all hair lengths and styles, though wider bands look better proportionally on thick or long hair, while shorter and smoother styles suit the more delicate bands. 'I think pearls and embellishment look great on blondes and richer tones and velvet fabrics really complement darker hair colours,' says Irwin. To avoid the band flattening your hair, blow-dry a volumising or texturising spray into the roots, lifting up small sections of hair and pointing the nozzle underneath. 'I like to tong sections of hair once the headband is on, as it brings it slightly over the band, which gives a modern feel and prevents it looking, for want of a more elegant word, plonked on,' explains Irwin. If your hair isn't long enough to tong, then use a texturising spray or dry shampoo to add instant body.

Rachel Weisz and Alexa Chung rocking the accessory of the moment



SHRIMPS A/W 19



THE TOOLKIT

- Cloud Nine The Micro Wand, £109.
- ghd Hold Root Lift Spray, £12.95.
- Moroccanoil Dry Texture Spray, £17.45.
- Colab Dreamer Dry Shampoo, £3.49.
- Color Wow Raise The Root, £18.50



TOM FORD A/W 19



ROBERTO CAVALLI A/W 19

THE NEW PARTING

‘Changing your parting instantly updates your look, without the commitment of a cut,’ says Hersheson. Take inspiration from the runways, which were awash with centre partings, side and deep side partings, often teamed with wet-look hair (hard to pull off IRL), but prettiest clean, straight and swept to one side or simply softly tousled as seen at Zimmermann, Emilia Wickstead and Rejina Pyo. Hersheson advises using a tail comb to create the parting when hair is wet, then applying a smoothing cream to the roots and hairline before drying into place. ‘You can always add more cream to define the parting when your hair is dry,’ he adds.



ZIMMERMANN A/W 19



THE TOOLKIT

Hersheson Almost Everything Cream, £10. TRESemmé Botanique Air Dry Natural Hold Gel, £5.49. ghd Carbon Tail Comb, £7.50

TAKE TWO TEXTURES

1 Glossy waves are having a moment. To create the most polished version, dry a generous amount of R+Co Rodeo Star Thickening Style Foam, £26, into the hair and use a round bristle brush to smooth down the cuticle for a mirror-like finish. Then, taking small sections of hair, wrap them around a curling tong, while holding it horizontally, for a uniform finish. Once done, let the hair cool then brush through. For an unexpected twist, try a dual texture, as seen at Halpern, with looser, relaxed mid-lengths and ends. Leave them out when tonging or run a straightening iron over hair that’s chin level and below.



2 Crimped looks might not be mainstream, but worn with a cool nonchalance, why not? For an easy crimped effect, hair stylist Larry King recommends applying a non-sticky mousse to wet hair (Red likes Electric °C-6 Cloudburst On Set Evaporating Mousse, £20) and then start a braid around 7cm from the parting – the thinner the braid, the tighter the crimp. Dry your hair and run a straightening iron over it to set the style. Once cool, untie and use your fingers to separate the hair, then apply a tiny amount of Larry King A Social Life For Your Hair, from £12, to your parting, gently pressing out bumps or frizz.



JUMPER, £285, Masscob.
 TOP, £395, Veronica Beard.
 EARRING, stylist's own



PHOTOGRAPHY: CHIARA ROMAGNOLI; HAIR: HEATH MASSI AT FRANK AGENCY USING BUMBLE & BUMBLE; MAKE-UP: RUBY HAMMER AT ANGELI & CO USING RUBY HAMMER; STYLING: OONAGH BRENNAN AND JODIE DUNWORTH; MODEL: CHRISTINE SOFIE AT MILK; PRODUCTION: FIONA ANDREWS; LOCATION: THANKS TO LES FERMES DE MARIE; ADDITIONAL PHOTOGRAPHY: IMAXTREE.COM, GETTY.

THE SHOWSTOPPER EARRING

Alberta Ferretti, Chanel, Isabel Marant and Loewe all showed super-sized, maximalist earrings on the A/W 19 runways. 'Presenting your earrings asymmetrically and keeping one ear completely bare is a fun way of interpreting this trend, but you can, of course, wear them as a pair,' says Brennan, 'Just make sure they are collarbone-grazing.' Short hair showcases them beautifully, but what about hair below the jawline? 'To stop earrings getting lost, wear hair up or down, softly textured and shiny, tucking some strands behind your ears,' suggests Hershenson. Alternatively, try a deep side parting with hair pushed back on that side and brought forward on the other (only one earring needed), or tie hair back in the new low plait or ponytail.



THE TOOLKIT
Orbe Shine Light Reflecting Spray, £37.
Rita Hazan Shine Balm, £20

