

PHOTOGRAPHS
KAREN COLLINS
WORDS
ALICE MANNING

BOODY IS BACK

The countdown to summer has begun, so follow our *glow-getter* cheats

STYLING
NATALIE HARTLEY

PHOTOGRAPH BY KAREN COLLINS. STYLING BY NATALIE HARTLEY. MAKEUP BY JESSICA WATSON. HAIR BY ANDREW DAVIES. DRESS BY CALVIN KLEIN. SANDALS BY PRADA. SHOES BY PRADA.

1. choose your tint

A BIG FASHION trend to watch this summer is a return to '80s-style 'do-overs' your body. For a night of indulgence, use a body oil or cream, including ankles and elbows first, apply a matte powder to absorb wet areas and work it over. It will give you a natural glow look. Finally, use a tanner to even out your legs to define, then take a spray tan. **BRONZER** shows the tone of the legs only to elongate and slim. **SPRAY** with a glow oil and radiance. **YOUR FAUX-GLOW KIT** (available in stores) Deep Hydrating Lotion, £4.99; Tanning (available nationwide); Supreme Bronze Self-Tanning Gel, £14.99; and Radiance, £12.99. **Order them available nationwide.**

the
body
special

2. be ab fab

NOT ONLY IS it time to up your ab punches, but you also need to prep your midsection for the summer. Using a make-up primer, go back over your pre-tanned tummy with bronzing gel to help define muscle tone. Then dust bronzer down the sides of your waist to help warm the area. • **US ONLY:** Use the back of your carotid sinus. Available to get the power of lightning ingredients such as collagen matrix-cellite cream. Use them before and/or your OPI to get rid of your thighs and bottom.

YOUR FAUX-GLOW KIT: Glow Bronze Mineral Powder Pearls, £14.20; Sublime Bronze Firming Body Lotion; Tan Opener, 20 ml; Bronze One Day Cream. Available at www.lorealparis.com

“Create a believable caramel colour by mixing L’Oréal Paris’s Sublime Bronze One Day with your body cream”

MAKE-UP ARTIST: Liz Pugh

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Below, from left, GlamShine Stain Splash in Eye and Romy, £7.99 each, L'Oréal Paris

Sublime Bronze Self-Tanning Gel Tinted and Shimmering, right, £13.49, L'Oréal Paris (available nationwide); Color Sensational Vivid Lipstick in Electric Orange, far right, £7.19, Maybelline New York (available nationwide)



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diy perfect skin

Intensive 7 Days Hydrating Lotion, £4.99, Garnier (available nationwide)



From left, Color Show Nail Polish in Latte, £2.99; Volume Express The Mega Flush Mascara, £7.99, both Maybelline New York



Elnett Heat Protect Styling Spray in Volume, £5.99, L'Oréal Paris



Nude Magique CC Cream Anti-Redness, £9.99, L'Oréal Paris



Sublime Bronze One Day Body, above, £12.49; Nutri Gold Anti-Ageing Foundation, below, £14.99, both L'Oréal Paris



Body Expertise Sculpt 3D, £11.49, L'Oréal Paris



Color Sensational Vivid Lipstick in Fuchsia Flash, £7.19, Maybelline New York



Color Show Nail Polish in Green With Envy, above, £2.99, Maybelline New York, GlamShine Stain Splash in Lolita, below, £7.89, L'Oréal Paris



WE'VE GOT your summer beauty kit sorted with all you need for golden, flawless skin, shimmering eyes, beachy waves and a pout that packs a punch. **TOP TIP** Mix your lip colours to create bespoke shades.

Color Tattoo 24HR Eyeshadow in Eternal Gold, £4.99, Maybelline New York

